

ROAD TO GOLD MONTHLY TOPICS

August



September

GOAL
Setting
+
GROWTH
Mindset

October

**SAFE & ETHICAL
BEHAVIOR**
+
EMPATHY

November

RESPECT
+
COOPERATION

December

Focus
+
Resilience

January

**SELF-
EFFICACY**
+
**SELF-
KNOWLEDGE**

February

**SUPPORT
SYSTEMS**
+
**SOCIAL
CONTRIBUTIONS**

March

**PROBLEM
SOLVING**
+
**SELF-
ADVOCACY**

April

**ACTIONS AND
CONSEQUENCES**
+
SELF-CONTROL

May

**STRESS
MANAGEMENT**
+
MINDFULNESS

**Go
Pickers**

